

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
10K													
1.	773	Chris Livesey	M	1. Senior	1. Salford Harriers & AC	6	32:58	06:13	06:28	06:29	06:25	06:22	01:00
2.	850	David Rigby	M	2. Senior	2. Salford Harriers & AC	6	33:21	06:13	06:28	06:29	06:34	06:34	01:01
3.	696	Robert Walsh	M	3. V45	1. Chorley Athletic and Triathlon Club	6	36:27	06:47	07:01	07:13	07:13	07:08	01:04
4.	636	Dan Edwards	M	4. V40	1. Chorley Athletic and Triathlon Club	6	36:48	06:48	06:56	07:15	07:17	07:18	01:11
5.	659	Martin Gaughan	M	5. V45	2.	6	37:15	06:49	07:10	07:25	07:20	07:18	01:10
6.	626	Andrew Draper	M	6. Senior	3. Lytham St Annes RR Club	6	37:23	07:07	07:13	07:12	07:20	07:18	01:10
7.	827	Michael Osinski-Gray	M	7. Senior	4. Fylde Coast Runners	6	37:26	06:33	07:18	07:31	07:31	07:23	01:09
8.	623	Mandy Dohren	F	1. FV40	1. Victoria Park Harriers and Tower	6	37:31	07:10	07:10	07:14	07:13	07:11	01:30
9.	640	Andrew Fairbairn	M	8. V40	2. Thornton Cleveleys Running Club	6	37:33	07:09	07:13	07:18	07:20	07:21	01:10
10.	857	Neil Rothwell	M	9. V40	3. Ramsbottom Running Club	6	37:43	07:01	14:34	16:07			
11.	714	Karl Hodgson	M	10. Senior	5. Red Rose Road Runners	6	37:49	07:04	07:13	07:26	07:34	07:29	01:01
12.	941	David Willshire	M	11. Senior	6. Penny Lane Striders	6	38:15	06:45	07:15	07:32	07:45	07:43	01:13
13.	683	Dan Grundy	M	12. V40	4. Trawden Athletic Club	6	38:38	06:57	07:28	07:38	07:41	07:39	01:13
14.	950	Stephen Young	M	13. V45	3. Preston Harriers	6	38:58	07:09	07:27	07:39	07:47	07:42	01:11
15.	896	James Taylor	M	14. Senior	7.	6	39:12	07:18	07:34	07:40	07:42	07:43	01:13
16.	661	Joe Gaughan	M	15. Jnr. Male	1.	6	39:23	07:00	07:24	07:47	08:04	07:49	01:16
17.	916	Chris Wales	M	16. V45	4. Preston Harriers	6	39:30	14:35	07:44	07:57	07:56	01:16	
18.	876	Matt Simpson	M	17. Senior	8. Blackburn Road Runners	6	39:54	07:27	07:43	07:53	07:58	07:45	01:06
19.	788	Neil McDonald	M	18. V50	1. Preston Harriers	6	40:11	07:12	07:38	07:57	07:59	08:06	01:17
20.	720	Liam Hooton	M	19. Senior	9. Red Rose Road Runners	6	40:51	07:44	07:48	07:54	08:05	08:03	01:15
21.	765	Samuel Lawrence	M	20. Senior	10. Riversway Road Runners	6	40:56	07:43	07:51	07:58	08:05	08:01	01:14
22.	770	David Lewis	M	21. V55	1.	6	41:01	07:44	07:47	07:58	08:07	08:04	01:18
23.	725	James Housden	M	22. Senior	11.	6	41:08	07:20	07:55	08:12	08:11	08:10	01:18
24.	507	Tracey Allan	F	2. FV35	1. Southport Waterloo AC	6	41:11	07:44	07:51	08:10	08:08	08:07	01:08
25.	818	Steven Norris	M	23. V50	2. Riversway Road Runners	6	41:13	07:39	07:56	08:08	08:12	08:03	01:12
26.	895	Joe Swarbrick	M	24. V60	1. Red Rose Road Runners	6	41:18	07:43	07:48	08:02	08:16	08:12	01:15
27.	743	Alan Jolly	M	25. V50	3. Red Rose Road Runners	6	41:21	07:54	07:51	08:05	08:12	08:01	01:15
28.	810	Paul Mounsey	M	26. Senior	12. Red Rose Road Runners	6	41:28	07:29	07:58	08:11	08:18	08:14	01:15
29.	934	Phil Whitham	M	27. V50	4.	6	41:33	08:03	08:03	08:05	08:06	08:01	01:14
30.	510	Jocelyn Armitage	F	3. Senior	1. Vegan Runners UK	6	41:42	07:38	07:54	08:06	08:21	08:20	01:20
31.	603	Stephen Cox	M	28. V50	5.	6	42:07	07:36	07:55	08:14	08:18	08:35	01:26

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Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
32.	713	Sam Hodgson	M	29. Senior	13. Red Rose Road Runners	6	42:09	07:58	08:05	08:11	08:20	08:18	01:15
33.	703	Joseph Hartley	M	30. Senior	14.	6	42:26	07:42	07:50	08:06	08:31	08:52	01:23
34.	614	Philip Davidson	M	31. V55	2. Red Rose Road Runners	6	42:29	08:08	08:06	08:17	08:20	08:18	01:17
35.	938	Chris Wilding	M	32. Senior	15.	6	42:49	08:14	08:26	08:25	08:30	08:05	01:07
36.	648	Martin Findlay	M	33. Senior	16.	6	42:51	07:47	08:18	08:31	08:35	08:24	01:16
37.	508	John Allen	M	34. V55	3. Red Rose Road Runners	6	42:53	07:59	08:12	08:23	08:32	08:29	01:16
38.	829	Chris Parker	M	35. Senior	17.	6	42:55	07:59	08:11	08:26	08:33	08:18	01:25
39.	839	Ian Pickup	M	36. Senior	18.	6	43:04	08:16	08:28	08:28	08:30	08:08	01:12
40.	561	Christopher Bridge	M	37. Senior	19. Red Rose Road Runners	6	43:07	07:44	07:58	08:33	08:44	08:47	01:19
41.	919	Mike Walker	M	38. V70	1. Southport Waterloo AC	6	43:14	08:23	08:21	08:23	08:25	08:16	01:23
42.	750	Nick Kearsy	M	39. V45	5.	6	43:17	08:25	08:21	08:23	08:24	08:20	01:22
43.	828	David Park	M	40. Senior	20. Red Rose Road Runners	6	43:27	08:26	08:38	08:36	08:37	08:03	01:04
44.	831	Dan Parkinson	M	41. Senior	21.	6	43:30	08:28	08:38	08:34	08:37	08:04	01:06
45.	712	Richard Hiscock	M	42. V55	4.	6	43:33	07:55	08:17	08:32	08:48	08:43	01:15
46.	591	Ben Cliff	M	43. V40	5.	6	43:37	08:08	08:23	08:35	08:36	08:24	01:29
47.	630	Tim Durham	M	44. V55	5.	6	43:41	08:15	08:21	08:33	08:34	08:38	01:18
48.	912	Mark Vaughton	M	45. V45	6. Blackburn Road Runners	6	43:51	08:13	08:23	08:34	08:40	08:35	01:24
49.	766	Lee Lawrenson	M	46. V40	6. Red Rose Road Runners	6	43:55	08:03	08:32	08:43	08:44	08:29	01:22
50.	517	David Atkinson	M	47. V55	6. Fylde Coast Runners	6	43:57	08:33	08:23	08:32	08:40	08:29	01:18
51.	891	Andrew Stell	M	48. V45	7. Red Rose Road Runners	6	44:01	08:13	08:20	08:38	08:38	08:49	01:20
52.	699	Joseph Harrison	M	49. Senior	22.	6	44:07	08:44	08:38	08:35	08:30	08:21	01:17
53.	629	Jon Durham	M	50. Senior	23. Riversway Road Runners	6	44:10	08:14	08:30	08:41	08:50	08:35	01:17
54.	846	David Raynor	M	51. V55	7. Red Rose Road Runners	6	44:14	08:22	08:24	08:31	08:42	08:43	01:30
55.	860	Mark Saffery	M	52. Senior	24.	6	44:34	08:33	08:34	08:43	08:51	08:34	01:17
56.	902	Paul Thurlwell	M	53. V50	6.	6	44:40	08:51	08:31	08:38	08:42	08:35	01:21
57.	567	Tanya Bunkham	F	4. Senior	2. Trawden Athletic Club	6	44:42	08:32	08:27	08:41	08:45	08:49	01:25
58.	655	Sue Gale	F	5. FV45	1.	6	44:44	07:42	08:13	08:39	10:11	08:37	01:20
59.	724	Andrew Hothersall	M	54. Senior	25.	6	44:48	08:32	08:38	08:47	08:49	08:38	01:21
60.	530	Ashley Benton	M	55. Senior	26.	6	45:05	08:14	08:37	09:00	09:05	08:47	01:19
61.	643	David Falkingham	M	56. Senior	27.	6	45:15	11:46	11:08	20:46	01:34		
62.	590	Stuart Clayton	M	57. V50	7. Wesham Road Runners & AC	6	45:16	45:16	21:42				
63.	608	Martin Crowley	M	58. Senior	28.	6	45:16	09:14	08:41	08:44	08:49	08:38	01:08

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Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
64.	732	Richard Hurt	M	59. V40	7.	6	45:17	08:09	08:29	08:50	09:22	09:05	01:19
65.	753	Thomas Kenyon	M	60. Jnr. Male	2.	6	45:20	08:14	08:33	09:02	09:09	09:02	01:18
66.	792	Jarlath McKeever	M	61. Senior	29.	6	45:24	09:14	08:41	08:44	08:49	08:39	01:15
67.	621	Tim Dixon	M	62. Senior	30.	6	45:27	08:46	08:35	08:45	09:14	08:46	01:18
68.	884	Pete Smith	M	63. V50	8.	6	45:30	08:29	08:31	08:55	09:06	09:04	01:24
69.	824	Simon OLeary	M	64. V40	8. Riversway Road Runners	6	45:33	08:14	08:39	09:04	09:15	08:55	01:23
70.	519	Adam Austin	M	65. Senior	31.	6	46:00	08:23	08:42	08:58	09:14	09:16	01:25
71.	584	Alban Cassidy	M	66. V50	9.	6	46:14	08:26	08:48	09:11	09:19	09:14	01:13
72.	806	David Morris	M	67. V45	8. Tri Preston	6	46:16	08:40	08:47	08:58	09:12	09:09	01:27
73.	741	Rob Jepson	M	68. Senior	32.	6	46:19	08:42	09:02	09:21	09:16	08:48	01:09
74.	786	Rob Mather	M	69. V45	9. Red Rose Road Runners	6	46:21	08:55	08:50	08:55	09:11	09:09	01:17
75.	932	Raymond Whitelegg	M	70. V60	2. Riversway Road Runners	6	46:25	08:33	08:49	09:08	09:17	09:14	01:23
76.	911	Michael Turner	M	71. V55	8. Red Rose Road Runners	6	46:38	08:47	08:50	08:59	09:08	09:27	01:25
77.	625	Andrew Doublett	M	72. V50	10. Red Rose Road Runners	6	46:39	08:44	09:03	09:16	09:12	09:03	01:19
78.	652	Peter Flowers	M	73. V45	10.	6	46:41	08:43	09:03	09:17	09:15	08:59	01:23
79.	783	David Marsh	M	74. V55	9. Southport Waterloo AC	6	46:46	08:41	08:51	09:07	09:16	09:19	01:29
80.	758	Stephen Lamb	M	75. V40	9. Riversway Road Runners	6	46:48	09:05	09:03	09:05	09:10	08:59	01:22
81.	918	Paul Walker	M	76. Senior	33.	6	46:59	08:29	08:52	09:16	09:38	09:15	01:26
82.	739	Phill James	M	77. V45	11. Tri Preston	6	47:00	08:28	08:58	09:04	09:27	09:35	01:25
83.	935	Jeanette Whitham	F	6. FV40	2.	6	47:04	09:09	09:03	09:09	09:14	09:00	01:26
84.	854	Owen Robinson	M	78. Jnr. Male	3.	6	47:13	07:42	07:49	09:34	10:11	10:07	01:48
85.	893	John Straker	M	79. V55	10.	6	47:25	08:24	08:55	09:24	09:36	09:40	01:25
86.	509	Stephen Anderson	M	80. V40	10.	6	47:26	08:18	08:38	09:34	09:34	09:45	01:34
87.	645	Craig Farmer	M	81. Senior	34. iRun	6	47:26	08:56	09:02	09:25	09:36	09:16	01:09
88.	925	Bill Watts	M	82. V55	11. Riversway Road Runners	6	47:34	08:52	08:59	09:23	09:26	09:23	01:29
89.	689	Phil Hall	M	83. V45	12.	6	47:38	09:20	08:56	09:05	09:15	09:25	01:35
90.	762	Paul Lane	M	84. V40	11.	6	47:40	09:18	08:59	09:11	09:22	09:22	01:26
91.	580	John Carruthers	M	85. V55	12. Red Rose Road Runners	6	48:10	08:56	09:02	09:26	09:47	09:30	01:27
92.	947	Paul Woan	M	86. V45	13. Red Rose Road Runners	6	48:16	08:54	09:12	09:26	09:39	09:37	01:26
93.	637	Richard Eland	M	87. Senior	35.	6	48:27	10:12	09:38	09:26	09:09	08:45	01:15
94.	730	James Hughes	M	88. V45	14. Red Rose Road Runners	6	48:34	09:41	09:19	09:18	09:23	09:30	01:22
95.	921	Paul Walmsley	M	89. V55	13.	6	48:35	09:30	09:20	09:24	09:27	09:08	01:43

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Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
96.	769	Kieran Lenehan	M	90. Senior	36.	6	48:43	08:33	09:12	09:46	10:01	09:47	01:21
97.	899	Malcolm Teale	M	91. V60	3. Southport Waterloo AC	6	48:51	09:16	09:21	09:31	09:33	09:36	01:31
98.	826	David Ormerod	M	92. Senior	37.	6	48:52	08:47	09:24	09:40	09:55	09:34	01:28
99.	574	Phil Burton	M	93. V45	15. Tri Preston	6	48:59	09:06	09:07	09:42	09:48	09:43	01:32
100.	656	Mark Gale	M	94. V45	16.	6	49:02	08:28	09:37	10:02	19:23	01:30	
101.	834	Mark Payler	M	95. V40	12. Darwen Dashers RC	6	49:03	08:49	09:30	19:40	09:37	01:25	
102.	562	Paul Brogden	M	96. V45	17. Freck & Warton Running Club	6	49:05	09:44	09:44	09:36	09:32	09:10	01:16
103.	650	Andrew Fitzgerald	M	97. Senior	38.	6	49:15	08:46	09:25	09:38	10:05	09:36	01:42
104.	744	Darren Jones	M	98. V40	13.	6	49:24	09:33	09:39	09:41	09:43	09:26	01:21
105.	622	Matthew Dodd	M	99. V45	18.	6	49:28	09:40	09:34	09:42	09:44	09:24	01:20
106.	522	Mark Barkworth	M	100. V40	14.	6	49:28	09:26	09:24	09:44	09:49	09:40	01:22
107.	598	Michael Coupland	M	101. V40	15. Red Rose Road Runners	6	49:29	09:43	09:34	09:38	09:36	09:33	01:21
108.	711	Dan Hill	M	102. Senior	39.	6	49:30	09:42	09:43	09:56	09:43	09:03	01:20
109.	516	Kevin Ashton	M	103. Senior	40.	6	49:32	09:40	09:36	09:47	09:57	09:10	01:19
110.	600	David Cowburn	M	104. V65	1.	6	49:35	09:23	09:28	09:36	09:47	09:46	01:32
111.	666	Nick Gkikas	M	105. Senior	41. Chorley Athletic and Triathlon Club	6	49:35	13:53	08:29	08:33	08:35	08:49	01:14
112.	717	David Holliday	M	106. Senior	42.	6	49:36	09:55	09:09	09:36	09:56	09:42	01:16
113.	718	Stephen Holliday	M	107. V45	19.	6	49:37	09:54	09:04	09:43	09:56	09:37	01:21
114.	638	Chris Eland	M	108. Senior	43.	6	49:37	10:13	09:39	09:25	09:26	09:25	01:28
115.	909	Paul Turner	M	109. V40	16.	6	49:44	08:49	09:25	10:13	10:06	09:41	01:27
116.	851	Karen Rishton	F	7. FV45	2. Blackburn Road Runners	6	49:45	09:28	09:39	09:46	09:52	09:30	01:28
117.	606	John Crellin	M	110. Senior	44. Blackburn Road Runners	6	49:45	09:30	09:38	09:42	09:47	09:35	01:31
118.	586	Katherine Clancy	F	8. FV35	2.	6	49:54	09:23	09:39	09:50	09:50	09:40	01:30
119.	858	Matthew Ruck	M	111. V40	17.	6	49:59	09:35	09:08	09:44	09:56	10:09	01:25
120.	709	Gary Heyworth	M	112. V50	11. Riversway Road Runners	6	50:00	09:35	09:08	09:43	09:57	10:09	01:26
121.	694	Gary Hankin	M	113. V45	20.	6	50:04	09:15	09:40	09:50	09:58	09:48	01:31
122.	704	Peter Lee Haselden	M	114. V45	21.	6	50:22	09:04	09:30	09:53	10:07	10:14	01:32
123.	939	Joanne Wildman	F	9. Senior	3.	6	50:23	09:41	09:34	09:41	09:56	10:01	01:28
124.	543	Clare Blackburn	F	10. Senior	4.	6	50:24	12:45	24:53	12:45			
125.	695	Ben Hardwick	M	115. V40	18.	6	50:26	09:38	09:40	09:45	09:57	09:48	01:37
126.	782	Ian Marsh	M	116. Senior	45.	6	50:27	09:08	09:22	09:57	10:17	10:10	01:30
127.	719	Mark Holmes	M	117. V50	12. BodyFit Cumbria Running Club	6	50:29	09:17	09:20	09:49	10:09	10:15	01:36

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128.	677	Michael Gregory	M	118. Jnr. Male	4.	6	50:41	08:46	08:54	10:04	10:28	10:42	01:44
129.	822	Peter O'Grady	M	119. V60	4. Red Rose Road Runners	6	51:00	09:32	09:28	09:56	10:14	10:16	01:32
130.	582	Mark Cartwright	M	120. V60	5. Hutton runners	6	51:07	09:31	09:44	09:51	10:08	10:14	01:36
131.	721	David Hooton	M	121. V65	2. Red Rose Road Runners	6	51:14	09:36	09:42	09:54	10:08	10:15	01:37
132.	740	James Jepson	M	122. V40	19.	6	51:29	09:28	09:53	10:08	10:15	10:14	01:29
133.	837	Stephen Penrose	M	123. V50	13.	6	51:32	09:58	09:48	09:54	10:03	10:06	01:40
134.	940	Andy Williamson	M	124. V55	14.	6	51:34	09:49	09:50	10:04	10:07	10:06	01:35
135.	756	Andrew Kirkby	M	125. Senior	46. iRun	6	51:37	09:22	10:00	10:33	10:17	09:58	01:25
136.	571	Andy Burt	M	126. V50	14.	6	51:37	09:33	09:44	09:57	10:22	10:18	01:40
137.	589	Mal Clarke	M	127. V45	22.	6	51:44	09:20	09:45	10:05	10:23	10:25	01:44
138.	710	Paul Hickson	M	128. Senior	47.	6	51:46	09:38	09:47	10:09	10:16	10:19	01:34
139.	931	Robin Weston	M	129. V40	20.	6	51:50	09:56	09:52	10:07	10:17	10:10	01:25
140.	767	Rob Lea	M	130. Senior	48.	6	51:53	09:42	09:26	10:00	10:26	10:38	01:39
141.	803	Chris Mitchell	M	131. V45	23.	6	51:53	09:33	09:47	10:09	10:25	10:19	01:38
142.	890	Paula Stell	F	11. FV45	3. Red Rose Road Runners	6	51:55	09:38	09:50	10:22	10:17	10:14	01:31
143.	779	David Maguire	M	132. Senior	49.	6	52:00	10:02	09:45	09:59	10:12	10:16	01:43
144.	639	Louise Facey	F	12. FV35	3. Riversway Road Runners	6	52:04	09:52	09:47	09:54	10:32	10:25	01:32
145.	528	Josh Begbie	M	133. Senior	50.	6	52:05	10:26	10:09	10:17	10:03	09:44	01:23
146.	926	Mark Wearden	M	134. V45	24.	6	52:05	10:26	10:09	10:17	10:03	09:44	01:23
147.	821	Chris Offord	M	135. V40	21.	6	52:09	10:11	09:44	09:55	10:29	10:15	01:32
148.	849	Annabel Rigby	F	13. Senior	5.	6	52:10	09:46	09:56	10:13	10:24	10:09	01:40
149.	874	Stewart Simpson	M	136. Senior	51.	6	52:11	09:37	09:35	10:26	10:44	10:18	01:28
150.	868	Chris Shaw	M	137. Senior	52.	6	52:11	10:08	10:18	10:26	10:12	09:34	01:31
151.	862	Ian Scott	M	138. V50	15. Vegan Runners UK	6	52:22	09:54	10:01	10:19	10:33	10:15	01:16
152.	676	Suzanne Gregory	F	14. FV50	1.	6	52:23	10:06	09:48	10:05	10:18	10:22	01:42
153.	723	James Hoskinson	M	139. Senior	53.	6	52:29	09:19	09:28	09:50	10:30	11:21	01:58
154.	816	Robert Newsham	M	140. Senior	54.	6	52:32	09:44	10:02	10:17	10:49	10:15	01:23
155.	892	Leo Stones	M	141. V40	22. Vegan Runners UK	6	52:32	09:23	09:52	10:23	10:53	10:32	01:28
156.	665	Ben Gilkes	M	142. V45	25. Chorley Athletic and Triathlon Club	6	52:34	08:59	09:56	10:38	10:48	10:38	01:32
157.	553	Chris Boyle	M	143. V40	23.	6	52:40	10:13	10:00	10:11	10:23	10:22	01:29
158.	815	Vicky Newsham	F	15. Senior	6.	6	52:41	09:44	10:02	10:22	10:44	10:15	01:33
159.	518	Anthony Atkinson	M	144. Senior	55.	6	52:47	09:30	09:50	10:27	10:49	10:39	01:31

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
160.	805	Stephen Moncrief	M	145. V45	26.	6	52:48	09:16	10:08	10:33	10:50	10:22	01:37
161.	701	Nigel Harrison	M	146. V55	15.	6	52:59	09:31	09:56	10:26	10:45	10:40	01:39
162.	886	Ben Smithers	M	147. Senior	56. Red Rose Road Runners	6	53:05	09:43	10:14	10:52	10:20	10:24	01:30
163.	748	Helen Kay	F	16. FV45	4.	6	53:06	09:45	10:15	10:25	10:37	10:32	01:30
164.	737	Emma Jackson	F	17. FV35	4.	6	53:15	09:50	10:03	10:23	10:33	10:39	01:45
165.	755	Sian King	F	18. Senior	7. Red Rose Road Runners	6	53:18	10:06	10:27	10:31	10:28	10:10	01:34
166.	578	Catherine Campbell	F	19. FV40	3. Riversway Road Runners	6	53:21	09:34	10:14	10:50	10:52	10:18	01:30
167.	807	Daniel Morris	M	148. V40	24.	6	53:28	10:14	10:12	10:28	10:31	10:32	01:29
168.	572	Lee Burton	M	149. Senior	57. Red Rose Road Runners	6	53:29	09:34	09:37	10:32	11:29	10:46	01:28
169.	680	Alicia Grimshaw	F	20. Senior	8. Red Rose Road Runners	6	53:51	11:16	10:50	10:12	09:51	09:53	01:45
170.	733	John Innes	M	150. Senior	58.	6	53:53	10:20	10:23	10:43	10:48	10:15	01:22
171.	619	Mark Dilworth	M	151. V40	25.	6	53:55	10:41	10:12	20:40	10:36	01:45	
172.	905	Karin Tighe	F	21. FV35	5.	6	53:56	10:43	10:07	10:44	10:29	10:19	01:31
173.	878	Andrew Slater	M	152. Senior	59. Fylde Coast Runners	6	53:57	10:29	10:29	10:35	10:32	10:16	01:33
174.	879	Rachael Slater	F	22. FV40	4. Fylde Coast Runners	6	53:57	10:29	10:30	10:35	10:32	10:16	01:33
175.	547	Freya Bolton	F	23. Senior	9.	6	53:58	10:12	10:20	10:35	10:38	10:37	01:33
176.	546	Adam Bolton	M	153. V55	16.	6	53:59	10:11	20:56	10:38	10:38	01:34	
177.	611	Lisa Dalby	F	24. FV40	5.	6	54:01	10:25	10:19	10:32	10:32	10:29	01:42
178.	832	Hannah Parkinson	F	25. Senior	10.	6	54:08	10:28	10:16	10:28	10:39	10:39	01:37
179.	541	Alexander Birkbeck	M	154. Senior	60.	6	54:20	11:02	10:21	10:30	10:43	10:12	01:30
180.	635	Samantha Edwards	F	26. Senior	11. Red Rose Road Runners	6	54:24	09:59	10:30	11:02	10:42	10:35	01:34
181.	913	Jill Vescovi	F	27. FV40	6.	6	54:27	10:35	10:35	10:33	10:39	10:25	01:37
182.	505	Malcolm Alderton	M	155. V60	6. Lions Running Community	6	54:29	10:45	10:26	10:29	10:34	10:36	01:38
183.	863	David Sellers	M	156. Senior	61. Tri Preston	6	54:31	10:27	10:28	10:35	10:46	10:45	01:27
184.	501	Kathryn Abbott	F	28. FV50	2. Red Rose Road Runners	6	54:35	10:38	10:30	10:35	10:42	10:28	01:39
185.	647	Craster Fenwick	M	157. Senior	62.	6	54:37	10:44	10:38	10:45	10:31	10:20	01:37
186.	763	John Langhan	M	158. V50	16. Preston Harriers	6	54:37	10:26	10:32	10:51	10:52	10:20	01:34
187.	833	Tom Pattinson	M	159. Senior	63.	6	54:39	10:46	10:21	10:47	11:00	10:08	01:34
188.	875	Victoria Simpson	F	29. FV40	7.	6	54:45	10:12	10:20	10:51	10:43	11:01	01:35
189.	845	Michael Ratcliffe	M	160. V50	17.	6	54:45	10:12	10:20	10:51	10:43	11:01	01:35
190.	817	Lesley Nixon	F	30. FV50	3. Red Rose Road Runners	6	54:47	10:43	10:28	10:41	10:36	10:34	01:44
191.	759	Elaine Lambert	F	31. FV40	8.	6	54:49	09:55	10:15	10:44	11:04	11:12	01:37

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
192.	634	Gary Lambert	M	161. V40	26.	6	54:50	09:55	10:15	10:44	11:03	11:12	01:38
193.	885	Catherine Smith	F	32. FV50	4. Women on the Run	6	54:56	10:15	10:36	10:48	10:55	10:45	01:35
194.	664	David Giles	M	162. V45	27.	6	54:56	11:05	10:30	10:32	10:41	10:29	01:37
195.	631	Ivan Earle	M	163. V45	28.	6	54:58	11:04	10:23	10:32	10:39	10:31	01:47
196.	747	Beth Kay	F	33. Senior	12.	6	55:00	10:32	10:35	10:57	10:55	10:26	01:32
197.	542	Lindsey Black	F	34. FV40	9. Liverpool Running Bugs	6	55:06	10:58	10:44	10:47	10:38	10:22	01:34
198.	847	Angus Rhodes	M	164. V55	17.	6	55:09	11:27	10:15	10:21	10:49	10:48	01:27
199.	836	Mark Peck	M	165. V45	29. Running 4CF	6	55:11	10:13	10:29	10:50	10:56	11:00	01:41
200.	861	Victoria Scott	F	35. FV35	6.	6	55:26	10:21	10:43	10:53	10:52	10:52	01:43
201.	563	Julian Brown	M	166. V45	30.	6	55:28	09:53	09:59	11:09	11:38	11:22	01:25
202.	576	Zoe Cain	F	36. Senior	13. Red Rose Road Runners	6	55:30	10:24	10:30	10:54	11:00	11:00	01:39
203.	693	Eddie Hamilton	M	167. V45	31. Red Rose Road Runners	6	55:32	10:10	10:47	11:15	11:04	10:37	01:36
204.	819	Shaun North	M	168. Senior	64.	6	55:37	09:24	10:38	11:08	11:15	11:29	01:40
205.	801	Nicola Millington	F	37. FV35	7. Red Rose Road Runners	6	55:38	11:09	10:38	10:52	10:49	10:29	01:38
206.	531	Rebecca Benton	F	38. Senior	14.	6	55:44	10:05	10:32	11:13	11:10	11:01	01:40
207.	540	James Birchall	M	169. Senior	65. Wesham Road Runners & AC	6	56:01	10:37	10:45	11:12	11:15	10:38	01:31
208.	708	Elaine Heaton	F	39. FV35	8.	6	56:08	10:51	10:39	11:00	11:08	10:55	01:33
209.	898	Kieran Taylor-Bradshaw	M	170. Senior	66.	6	56:08	10:21	10:21	10:59	11:44	11:06	01:34
210.	705	Jenny Hawarden	F	40. FV35	9.	6	56:11	10:23	10:32	10:54	11:12	11:18	01:51
211.	844	Lorraine Ratcliffe	F	41. FV50	5.	6	56:16	09:41	10:32	10:59	11:24	11:40	01:58
212.	946	Louise Withnell	F	42. FV45	5. Red Rose Road Runners	6	56:19	10:27	10:52	11:13	11:08	10:56	01:40
213.	585	Matt Chester	M	171. Senior	67. Blackburn Road Runners	6	56:19	10:44	10:53	10:59	11:02	11:00	01:39
214.	945	Rachel Wiseman	F	43. FV40	10.	6	56:27	10:43	10:38	10:55	11:05	11:14	01:50
215.	915	Nigel Wadsworth	M	172. V55	18.	6	56:28	10:42	10:39	10:54	11:05	11:14	01:50
216.	575	Richard Byers	M	173. V50	18. Running 4CF	6	56:28	10:28	10:35	11:01	11:24	11:19	01:39
217.	579	Victoria Carr	F	44. FV45	6.	6	56:31	11:00	10:47	10:52	11:02	11:01	01:46
218.	781	Diana Maiden	F	45. FV45	7.	6	56:32	10:48	10:37	11:00	11:08	11:13	01:45
219.	722	Lee Hopkins	M	174. V50	19.	6	56:42	10:58	10:44	10:47	11:05	11:18	01:47
220.	525	Barbara Bath	F	46. FV50	6. Lions Running Community	6	56:42	10:34	10:47	11:20	11:06	11:06	01:47
221.	706	Emma Conway	F	47. Senior	15.	6	56:43	11:35	11:05	11:11	10:42	10:39	01:29
222.	777	Catherine Macgillivray	F	48. FV45	8.	6	56:54	09:54	10:43	11:29	11:24	11:28	01:54
223.	581	Steven Carson	M	175. V45	32. Red Rose Road Runners	6	56:55	10:57	10:41	10:58	11:22	11:11	01:43

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
224.	841	Ben Porter	M	176. Jnr. Male	5.	6	57:05	08:17	11:01	12:05	12:02	12:23	01:14
225.	698	Brian Harris	M	177. Senior	68.	6	57:10	10:08	10:27	11:04	11:22	11:49	02:18
226.	727	Mark Hughes	M	178. V50	20.	6	57:13	10:43	10:29	11:09	11:28	11:35	01:46
227.	903	Joanne Thurlwell	F	49. FV50	7.	6	57:14	11:34	11:08	11:05	11:06	10:40	01:39
228.	596	Phil Corris	M	179. V65	3. Lancashire Constabulary AC	6	57:18	10:55	10:56	11:09	11:20	11:10	01:44
229.	520	Michael Bailey	M	180. Senior	69.	6	57:29	10:54	10:57	11:25	11:12	11:22	01:36
230.	615	Emma Davies	F	50. Senior	16. Wesham Road Runners & AC	6	57:37	10:37	10:49	11:11	11:18	11:46	01:53
231.	760	Andrew Lancaster	M	181. V40	27. Red Rose Road Runners	6	57:42	10:42	10:46	11:06	11:29	11:45	01:50
232.	922	Ian Walmsley	M	182. V45	33.	6	57:44	10:47	11:06	11:48	11:54	10:38	01:29
233.	503	Daniel Ainsworth	M	183. V45	34.	6	57:47	11:03	11:15	11:14	11:19	11:15	01:38
234.	873	Tracy Simms	F	51. FV45	9.	6	57:52	11:31	11:18	11:21	11:03	10:57	01:40
235.	555	John Brady	M	184. V55	19.	6	57:54	11:55	11:10	11:11	11:13	10:36	01:47
236.	877	Laura Singleton	F	52. FV35	10.	6	57:56	11:06	11:02	11:30	11:29	11:08	01:38
237.	859	Samantha Ruscoe	F	53. FV40	11. Central Lancs Running & Triathlon	6	58:09	11:25	10:51	11:20	11:12	11:32	01:47
238.	552	Davina Bowling	F	54. FV70	1. Red Rose Road Runners	6	58:12	10:34	10:54	11:32	11:54	11:29	01:46
239.	728	Mandy Hughes	F	55. FV55	1.	6	58:13	11:16	10:59	11:14	11:34	11:20	01:48
240.	785	Helena Marshall	F	56. Senior	17.	6	58:15	11:47	11:22	11:28	11:21	10:37	01:38
241.	570	James Burt	M	185. V45	35.	6	58:16	11:03	10:59	11:28	11:47	11:21	01:37
242.	852	Amy Rizza	F	57. Senior	18.	6	58:21	11:07	11:07	11:15	11:58	11:07	01:44
243.	663	Jackie Gilbert	F	58. FV35	11. Vegan Runners UK	6	58:24	10:59	10:53	11:15	12:11	11:20	01:44
244.	742	Michelle Jolly	F	59. FV55	2. Red Rose Road Runners	6	58:30	10:51	11:15	11:26	11:35	11:29	01:52
245.	761	Michael Lancaster	M	186. V50	21.	6	58:44	10:55	11:11	11:30	11:41	11:40	01:46
246.	914	Natalie Vickers	F	60. Senior	19. Red Rose Road Runners	6	58:56	11:22	11:39	11:42	11:31	11:00	01:40
247.	526	Robert Beck	M	187. V40	28.	6	59:00	11:03	11:12	11:38	11:47	11:35	01:42
248.	675	Suzanne Green	F	61. FV45	10. Fylde Coast Runners	6	59:07	10:48	10:45	11:45	11:50	12:03	01:54
249.	502	Rachael Ackerley	F	62. Senior	20.	6	59:20	11:20	11:33	11:36	11:35	11:28	01:45
250.	702	Julie Harrison	F	63. FV50	8.	6	59:25	11:17	11:05	11:34	11:50	11:46	01:50
251.	642	Kathryn Falkingham	F	64. FV45	11.	6	59:54	34:28	23:37	01:47			
252.	928	Karl Webber	M	188. V40	29.	6	59:54	10:35	11:05	12:05	12:16	11:58	01:52
253.	644	Hannah Falkingham	F	65. Senior	21.	6	59:54	11:46	11:08	11:33	11:47	11:50	01:47
254.	738	Greg Jackson	M	189. Senior	70.	6	59:56	11:14	11:37	11:37	11:49	12:02	01:36
255.	746	Sarah Jones	F	66. FV45	12.	6	1:00:03	12:11	11:30	11:33	11:31	11:24	01:52

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Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
256.	789	Kathleen Emily McEnerney	F	67. Senior	22.	6	1:00:06	11:17	11:18	11:43	12:04	11:54	01:47
257.	612	Angela Dallinger	F	68. FV40	12. Red Rose Road Runners	6	1:00:08	10:39	11:01	11:34	12:08	12:43	02:01
258.	613	Karen Daniels	F	69. FV45	13.	6	1:00:11	11:39	11:27	11:39	11:47	11:47	01:50
259.	504	Fiona Alderton	F	70. FV55	3. Lions Running Community	6	1:00:14	12:10	11:25	11:28	11:35	11:49	01:46
260.	726	Allan Howard	M	190. V60	7. Red Rose Road Runners	6	1:00:21	11:21	11:29	11:45	11:54	11:53	01:58
261.	654	Nicola Fox	F	71. FV40	13.	6	1:00:30	11:00	11:32	12:01	11:41	12:29	01:46
262.	529	Julie Belcher	F	72. FV50	9. Lions Running Community	6	1:00:33	11:48	11:27	11:37	11:48	11:54	01:58
263.	820	Mick O'Brien	M	191. V50	22. Knowsley Harriers	6	1:00:34	11:34	11:23	12:05	12:18	11:33	01:38
264.	848	Amanda Richardson	F	73. FV50	10. Royton Road Runners	6	1:00:39	10:42	11:21	11:52	12:41	12:10	01:51
265.	864	Rachel Shannon	F	74. Senior	23.	6	1:00:42	11:16	11:30	11:50	12:02	12:13	01:49
266.	618	Elaine Dillon	F	75. FV50	11.	6	1:00:43	11:00	11:43	11:56	12:01	12:11	01:49
267.	865	Carole Shannon	F	76. FV50	12.	6	1:00:50	11:16	11:30	11:49	12:02	12:13	01:57
268.	796	Paula McNicholas	F	77. FV45	14.	6	1:00:51	11:41	11:31	11:49	11:53	12:03	01:53
269.	660	Lindsay Gaughan	F	78. FV45	15.	6	1:00:57	12:08	11:53	11:42	11:52	11:37	01:43
270.	700	Nicola Harrison	F	79. FV35	12.	6	1:00:59	10:49	10:58	11:59	12:23	12:48	01:59
271.	923	Ruth Watkinson	F	80. FV45	16. Red Rose Road Runners	6	1:01:07	12:02	11:35	11:51	12:01	11:47	01:50
272.	799	Karen Mellis	F	81. FV40	14.	6	1:01:24	11:29	11:34	12:02	12:26	12:08	01:43
273.	798	John Mellis	M	192. V50	23.	6	1:01:24	11:29	11:34	12:01	12:27	12:07	01:44
274.	908	Clare Turner	F	82. FV40	15.	6	1:01:32	11:46	11:39	11:59	12:09	11:54	02:02
275.	524	Carole Bartlett	F	83. FV55	4.	6	1:01:37	11:18	11:35	12:07	12:07	12:29	01:58
276.	729	Susan Hughes	F	84. FV45	17.	6	1:01:38	10:52	11:52	12:14	12:11	12:42	01:45
277.	735	Fiona Jackson	F	85. FV55	5.	6	1:01:40	12:26	11:49	11:45	11:52	12:05	01:41
278.	566	Hannah Bull	F	86. FV40	16.	6	1:01:50	11:47	11:38	11:56	12:05	12:27	01:54
279.	825	Helen Ormerod	F	87. Senior	24.	6	1:01:58	12:25	11:45	11:43	12:02	14:01	
280.	690	Paul Halliwell	M	193. Senior	71. Red Rose Road Runners	6	1:02:04	12:56	11:54	11:48	12:01	11:40	01:43
281.	924	Kylie Watson	F	88. Senior	25.	6	1:02:05	12:56	11:54	11:48	12:01	11:40	01:43
282.	840	Rachel Pickup	F	89. FV45	18.	6	1:02:09	11:22	12:00	12:12	12:23	12:14	01:56
283.	651	Wendy Flewitt	F	90. FV45	19.	6	1:02:09	11:22	11:56	12:14	12:24	12:14	01:56
284.	872	John Shiers	M	194. V55	20.	6	1:02:12	10:46	11:02	12:38	12:40	13:16	01:48
285.	632	Harold Eastham	M	195. V65	4. Blackburn Road Runners	6	1:02:16	10:48	11:36	12:38	12:18	12:49	02:04
286.	545	Louisa Bolleurs	F	91. Senior	26. Riversway Road Runners	6	1:02:25	11:14	11:38	12:11	12:29	12:58	01:52
287.	842	David Pownall	M	196. V60	8.	6	1:02:33	11:31	11:48	12:11	12:23	12:23	02:15

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Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
288.	573	Ian Burton	M	197. V40	30.	6	1:02:49	11:57	11:40	11:40	12:19	12:59	02:11
289.	565	Joanna Bula	F	92. FV35	13.	6	1:03:01	10:57	12:00	12:52	12:30	12:43	01:56
290.	558	Danny Brady	M	198. V45	36.	6	1:03:22	11:44	11:53	12:18	13:10	12:14	02:01
291.	592	Sarah Clubb	F	93. FV45	20. Preston Harriers	6	1:03:22	11:29	12:20	12:32	12:44	12:31	01:44
292.	745	Katie Jones	F	94. FV35	14.	6	1:03:25	11:20	11:45	12:37	13:08	12:44	01:48
293.	823	Marion O'Grady	F	95. FV60	1. Red Rose Road Runners	6	1:03:25	11:40	11:45	12:23	12:41	12:53	02:01
294.	752	Paul Kenyon	M	199. V45	37.	6	1:03:35	10:37	12:18	13:23	12:38	12:44	01:54
295.	881	Lara Smith	F	96. FV35	15.	6	1:03:46	12:09	12:08	12:25	12:38	12:39	01:44
296.	882	Richard Smith	M	200. Senior	72.	6	1:03:47	12:08	12:07	12:25	12:39	12:38	01:47
297.	601	Ann Cowburn	F	97. FV45	21.	6	1:03:47	12:42	11:38	12:19	12:35	12:33	01:58
298.	936	Barbara Wicks	F	98. FV60	2.	6	1:03:59	11:21	11:33	12:37	13:09	13:13	02:04
299.	691	Judith Hamer	F	99. FV60	3.	6	1:04:00	11:18	12:00	12:36	12:54	13:03	02:06
300.	778	Karen Machin	F	100. FV55	6.	6	1:04:10	12:44	12:09	12:23	12:18	12:34	01:59
301.	917	Christine Walker	F	101. FV55	7. Red Rose Road Runners	6	1:04:21	12:12	11:58	12:11	12:54	13:02	02:02
302.	616	Paul Davies	M	201. Senior	73.	6	1:04:36	13:22	13:23	12:54	11:24	11:41	01:50
303.	812	Andrew Murray	M	202. Senior	74.	6	1:04:41	10:05	10:56	12:46	12:25	12:22	06:04
304.	588	Karen Clark	F	102. FV55	8. Red Rose Road Runners	6	1:04:54	12:50	12:19	12:15	12:28	12:56	02:04
305.	587	Christopher Clark	M	203. V55	21. Red Rose Road Runners	6	1:04:55	12:50	12:19	12:15	12:28	12:56	02:04
306.	937	Claire Wignall	F	103. FV40	17.	6	1:04:59	12:17	12:03	12:46	12:55	12:54	02:01
307.	633	Amanda Eastwood	F	104. FV50	13.	6	1:05:02	12:17	12:00	12:49	12:54	12:55	02:03
308.	707	Carol Heaton	F	105. FV50	14. Red Rose Road Runners	6	1:05:08	12:20	12:15	12:35	12:59	12:58	01:59
309.	686	Chris Hall	M	204. Senior	75. Red Rose Road Runners	6	1:05:08	12:20	12:15	12:34	12:59	12:58	02:00
310.	942	Glenn Wilson	M	205. V45	38.	6	1:05:11	11:28	11:46	12:48	13:33	13:43	01:51
311.	551	Dan Bourne	M	206. Senior	76.	6	1:05:27	10:34	13:47	13:27	12:48	12:58	01:50
312.	910	Sue Turner	F	106. FV65	1.	6	1:05:32	11:46	12:04	12:49	13:05	13:38	02:07
313.	856	Sandra Rolston	F	107. FV55	9. Red Rose Road Runners	6	1:05:56	11:54	12:06	13:07	13:10	13:33	02:05
314.	672	Emily Grant	F	108. Jnr.	1.	6	1:06:09	12:25	14:30	17:54	19:18	02:00	
315.	670	Alexandra Grant	F	109. Jnr.	2.	6	1:06:09	12:24	14:30	17:55	19:19	01:59	
316.	684	Fiona Gutteridge	F	110. FV35	16. Red Rose Road Runners	6	1:06:21	12:25	12:14	13:07	13:18	13:09	02:06
317.	751	Carl Kellett	M	207. V50	24.	6	1:06:29	11:33	12:21	13:20	13:42	13:27	02:03
318.	679	Daniel Grimshaw	M	208. V50	25.	6	1:06:41	11:55	12:31	13:33	13:16	13:22	02:02
319.	764	Elaine Langhan	F	111. FV50	15.	6	1:06:50	11:21	12:15	13:04	13:38	14:05	02:25

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
320.	620	Claire Dilworth	F	112. FV40	18.	6	1:06:58	11:16	12:11	13:26	13:55	14:00	02:07
321.	548	Ian Booth	M	209. V40	31.	6	1:07:00	12:19	12:15	13:01	13:32	13:49	02:03
322.	871	Roger Sherlock	M	210. V70	2.	6	1:07:03	12:28	12:43	12:58	13:11	13:34	02:06
323.	870	Debra Sherlock	F	113. FV45	22.	6	1:07:04	12:28	12:42	12:59	13:11	13:34	02:08
324.	929	Martin Wells	M	211. Senior	77. Red Rose Road Runners	6	1:07:15	12:07	11:51	13:13	14:01	14:06	01:54
325.	687	Deborah Hall	F	114. FV35	17. Red Rose Road Runners	6	1:07:19	12:13	12:32	13:19	13:12	13:46	02:15
326.	532	Philip Benton	M	212. V55	22.	6	1:07:37	12:05	12:50	13:25	13:31	13:41	02:02
327.	888	Gill Stables	F	115. FV55	10. Lonely Goat RC	6	1:07:45	12:40	12:43	13:20	13:23	13:35	02:01
328.	797	Tom McNicholas	M	213. V45	39.	6	1:07:45	12:59	26:01	13:19	13:21	02:03	
329.	568	David Burns	M	214. V55	23.	6	1:08:27	11:56	12:40	13:31	13:40	14:08	02:31
330.	599	Rhona Cowburn	F	116. FV55	11. Red Rose Road Runners	6	1:08:28	1:08:28					
331.	880	Sharon Smith	F	117. FV45	23. Red Rose Road Runners	6	1:08:28	11:59	12:47	13:41	14:29	13:32	01:57
332.	641	Gareth Fairey	M	215. V40	32.	6	1:08:40	11:54	13:04	13:55	14:20	13:17	02:07
333.	610	David Daghish	M	216. V50	26.	6	1:09:01	11:59	12:45	13:23	13:58	14:26	02:28
334.	513	Rachel Watkinson	F	118. Senior	27.	6	1:09:37	12:03	12:35	13:28	14:24	14:38	02:27
335.	653	Claire Forrest	F	119. FV45	24.	6	1:09:41	13:23	12:26	13:15	13:52	14:39	02:03
336.	662	Chris George	M	217. Senior	78.	6	1:10:11	13:22	13:23	14:03	14:08	13:13	02:00
337.	523	Justine Barrowclough	F	120. FV40	19. Vegan Runners UK	6	1:10:36	12:10	13:08	14:37	14:12	14:14	02:12
338.	544	Ian Blinkhorn	M	218. V40	33.	6	1:10:53	11:02	13:24	15:03	14:37	14:35	02:09
339.	802	Amy Mills	F	121. Senior	28.	6	1:10:59	12:26	12:44	13:39	14:14	15:40	02:13
340.	944	Rob Wiseman	M	219. V50	27.	6	1:10:59	12:26	12:44	13:39	14:14	15:41	02:13
341.	557	Sara Brady	F	122. FV40	20.	6	1:11:31	12:49	13:38	13:52	14:08	14:43	02:20
342.	791	Francis J McGrath	M	220. V65	5.	6	1:11:35	13:35	13:30	14:11	14:22	13:40	02:14
343.	668	Paula Goodwin	F	123. FV50	16.	6	1:12:18	14:01	13:33	14:02	14:00	14:22	02:18
344.	930	Susan Welsh	F	124. FV50	17.	6	1:12:19	14:01	13:33	14:02	14:00	14:22	02:19
345.	674	Rachel Green	F	125. FV40	21.	6	1:12:24	13:02	13:14	13:49	14:36	15:11	02:29
346.	813	Mark Naylor	M	221. V65	6.	6	1:12:49	13:25	13:37	14:04	14:27	14:42	02:33
347.	657	Lisa Gardner	F	126. FV40	22. Red Rose Road Runners	6	1:13:23	13:16	13:32	14:34	14:35	15:05	02:17
348.	716	Kelly Holding	F	127. FV35	18.	6	1:14:18	13:30	14:56	14:31	14:48	14:31	01:59
349.	949	Tracy Young	F	128. FV50	18. Preston Harriers	6	1:14:44	13:29	13:53	14:33	14:55	15:19	02:33
350.	736	Gary Jackson	M	222. V50	28.	6	1:14:47	12:59	14:05	14:42	14:57	15:32	02:29
351.	800	Alan Mercer	M	223. V60	9.	6	1:14:57	13:46	13:35	14:37	15:03	15:23	02:30

Penwortham Bypass Running Festival 5k & 10k

Lap Result List

Pos	Bib	Name	Gender	AG	Club	Lap	Time	Lap 1	"2	"3	"4	"5	Fin
352.	906	Amanda Tottman	F	129. Senior	29.	6	1:15:28	13:30	14:56	15:01	14:40	15:11	02:07
353.	883	Keith Smith	M	224. V70	3.	6	1:17:17	13:46	14:25	15:20	15:29	15:42	02:33
354.	855	Lynda Robinson	F	130. FV50	19.	6	1:17:57	14:24	14:47	15:11	15:36	15:28	02:30
355.	569	Jeni Burrell	F	131. FV45	25.	6	1:17:57	14:24	14:47	15:11	15:35	15:28	02:30
356.	539	Gina Biggs	F	132. Senior	30. Red Rose Road Runners	6	1:21:01	13:44	13:55	17:16	16:53	16:44	02:26
357.	604	Lynn Cox	F	133. FV45	26.	6	1:21:10	15:48	15:32	15:24	15:43	15:55	02:45
358.	809	Nagris Motin	F	134. FV35	19.	6	1:21:21	14:52	15:21	16:04	16:37	15:46	02:38
359.	794	Eleanor McMonagle	F	135. FV50	20.	6	1:21:21	14:51	15:21	16:04	16:37	15:45	02:42
360.	617	Lucy Dillon	F	136. Senior	31.	6	1:27:24	12:52	33:11	17:32	21:11		
361.	697	Rosalyn Hargreaves	F	137. FV40	23. Runfit Chorley	6	1:29:35	14:44	18:17	18:28	17:34	18:26	02:04
362.	927	Rosemary Webber	F	138. FV35	20.	6	1:31:38	16:11	17:34	17:50	18:34	18:36	02:50
363.	646	Stephen Fenn	M	225. V60	10.	6	1:31:50	16:21	17:21	17:59	18:35	18:36	02:55
364.	904	Jack Tickle	M	226. Senior	79.	3	34:09	08:00	17:19	08:49			
365.	804	Ellie Mollart	F	139. Senior	32.	3	34:59	11:56	11:38	11:25			
366.	772	Caroline Leyland	F	140. FV35	21.	3	39:58	12:08	11:37	16:11			
367.	549	Carl Booth	M	227. V40	34.	2	21:33	09:32	12:00				
368.	835	Graham Pearce	M	228. V40	35.	2	32:18	21:07	11:10				
369.	749	Patricia Kearsy	F	141. FV55	12. Southport Waterloo AC	1	10:11	10:11					
370.	795	Carol McMullan	F	142. FV40	24.	1	13:28	13:28					
371.	920	Karen Walker	F	143. FV50	21.	1	13:58	13:58					

Number of records: 371